

## **GRATITUDE FOR THE WINDS CEREMONY**

Our treasured Wind embraces all that exists in the universe with the power to soothe, unsettle, cool, heat, balance, equalize and interconnect with all life on Mother Earth.

We, humans, benefit immeasurably from the many gifts the beloved Wind bestows, and so we offer our gratitude in the sacred act of ceremony. A prayer of gratitude offered freely from a sincere heart creates nourishment and healing.

May this act of generosity create an unending billowing of gratitude that merges with every gust of wind that blesses our precious and beloved Mother Earth.

In the universal spirit of ceremony...  
Set your intention  
and initiate these sacred acts

### **CREATE**

In an outdoor space, in the presence of a tree, a plant, a branch, railing, or porch. Within reach of tying your fabric offerings, gather items for an altar in honor of Wind. Incense, wind chimes, a bell, feathers...

### **STATE YOUR INTENTION**

To express gratitude for the Winds sustaining our life on Mother Earth.

### **ENTER SACRED SPACE**

Breathe, hum, rattle, sing, play a wind instrument, ring a bell.  
Light a candle, incense, herbs.

With arms outstretched, move with ribbons in your hands in the direction of North, East, South, West and Center.

Inhale and exhale deeply 3 times in each direction.



## **OFFER YOUR BLESSING**

Write or verbally express words of gratitude onto the strips of fabric or ribbon.  
Hold the ribbons in your hand as you offer your blessing.

**“Beloved Wind, you are the great living force moving willfully across our precious  
Mother Earth.**

**In all your manifestations, you freely gust, blow, prevail,  
carry, surge, spiral and transport.**

**Your mighty power creates, maintains, and destroys as you rise and subside, heat  
and chill, fuel and withhold, seed and engulf all that sustains our world.**

**I offer you my gratitude.**

**May we create environments that harmonize with your will.  
May we attend to conditions that encourage your power of balance.  
May you be recognized, honored and cherished.”**

Tie the ribbon that now carries the vibration of your words of blessing, onto your  
chosen tree, branch, plant, or railing.

## **CLOSE**

With arms outstretched, connect to the Wind...  
offer your personal blessing, words of gratitude, prayer of the heart.

