



Fire Ceremony of Commitment

Indoor Fire Ceremony

PREPARING FOR YOUR CEREMONY

Create a special place for your ceremony focusing on the element of Fire.

Create an altar with candles

Surround the altar with beauty such as: meaningful objects, flowers and plants, delicious offerings, or items to honor your Ancestors.

STATE YOUR INTENTION

To honor the ancestors and our relative, Fire, to honor this new year, and to make commitments for our future.

LIGHT THE CANDLES WITH REVERENCE

Invite the Spirit of Fire in as a beloved and honored relative (this is what helps to create a Sacred Fire). Offer an invocation, a blessing, a song, or an expression of gratitude to Fire.

ENTER SACRED SPACE

Breathe, rattle, chant, ring a bell, or light incense.

MAKE COMMITMENTS & HONOR THE ANCESTORS

Let each participant take time to feel into the commitment they want to make for the coming days. A word or two or a symbol signifying the commitment may be scratched onto extra candles with a pin tip.

Give gratitude to the Ancestors who have brought us here to live in this moment by this fire. You may want to give particular thanks for specific gifts, such as the ability to sing or to create with your hands.

OFFERINGS TO THE FIRE

Make a gift to the fire in the form of music or a spoken poem.

Call upon Fire and the Ancestors to bear witness to your commitments, then speak them and light the candle with your symbol. If you are in a group, the people gathered are also your witnesses, they may want to respond with words or sounds (eg "So be it" or rattling) to support your commitment.

CLOSE

Close with a song or words of blessing for all the participants, seen and unseen. Symbolically bring in the light of the flames into your hearts with a gathering gesture.

Extinguish the candles. You may want to continue to light them over the next weeks to add more energy to your commitment. Or you could allow them to finish burning during the Ceremony.

*With the love of the ancestors like a wind at your back
and the light of the fire like a torch leading you on,
tenderly and fearlessly carry your commitment forward into the
winter days to come.*

