

Fire Ceremony of Commitment

Outdoor Fire Ceremonn

PREPARING FOR YOUR CEREMONY

Create a special place for your ceremony focusing on the element of Fire.

Gather the wood for your fire by giving prayers and offerings to the Tree Spirits.

Build the fire by placing the logs mindfully.

Surround the fire with beauty such as: meaningful objects, flowers and plants, delicious offerings, or items to honor your Ancestors.

STATE YOUR INTENTION

To honor the ancestors and our relative, Fire, to honor this new year, and to make commitments for our future.

LIGHT THE FIRE WITH REVERENCE

Invite the Spirit of Fire in as a beloved and honored relative (this is what helps to create a Sacred Fire).

Offer an invocation, a blessing, a song, or an expression of gratitude to Fire.

ENTER SACRED SPACE

Breathe, rattle, chant, ring a bell, or light incense.

MAKE COMMITMENTS & HONOR THE ANCESTORS

Let each participant take time to feel into the commitment they want to make for the coming days.

These words may be written on pieces of paper which will be fed to the fire later.

Give gratitude to the Ancestors who have brought us here to live in this moment by this fire. You may want to give particular thanks for specific gifts, such as the ability to sing or to create with your hands.

OFFERINGS TO THE FIRE

Make a gift to the fire in the form of delicious food, incense, music, or a spoken poem.

Call upon Fire and the Ancestors to bear witness to your commitments, then speak them and place the papers on which they are written into the fire. If you are in a group, the people gathered are also your witnesses, they may want to respond with words or sounds (eg "So be it" or rattling) to support your commitment.

CLOSE

Close with a song or words of blessing for all the participants, seen and unseen. Symbolically bring in the light of the flames into your hearts with a gathering gesture.

Extinguish the flames with reverence and great care. Make sure one person is designated to ensure that the fire is safely out before leaving.

With the love of the ancestors like a wind at your back and the light of the fire like a torch leading you on, tenderly and fearlessly carry your commitment forward into the wintery days to come.





